

## Hypo Allergenic Caesar Salad Dressing

### Ingredients:

- 2 tablespoons Dijon mustard
- 2 tablespoons chopped anchovies
- 2 tablespoons almonds, blanched and ground
- 3 garlic cloves, minced
- 1/4 cup water
- 2 tablespoons lemon juice (optional – avoid on citrus free diet)
- 1/2 tablespoon soy sauce (choose wheat free soy sauce and flash boil – this will render it hypoallergenic)
- 1 tablespoon olive oil
- 1/4 teaspoon white pepper

### To Prepare:

1. Blend together in a mini-blender, and refrigerate to mix flavors